# Minimalist Packing List

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Destination: _____ Travel dates: _____

## Everyday essentials:

- [ ] body wash
- [ ] shampoo
- [ ] conditioner
- [ ] face wash
- [ ] skincare
- [ ] sunscreen
- [ ] toothbrush + toothpaste + floss
- [ ] pads + tampons
- [ ] lip balm
- [ ] razor + shaving gel
- [ ] deodorant
- [ ] brush + hair ties
- [ ] perfume
- [ ] makeup
- [ ] _____
- [ ] _____
- [ ] _____

## Health-related & important items:

- [ ] medication
- [ ] glasses/contacts + solution
- [ ] vitamins + supplements
- [ ] wallet
- [ ] keys
- [ ] phone charger
- [ ] headphones
- [ ] passport
- [ ] cash
- [ ] ID/driver's license
- [ ] booking + reservation info
- [ ] travel insurance info
- [ ] emergency contact info
- [ ] _____
- [ ] _____

## Clothing:

- [ ] (#) ___ tops
- [ ] ___ bottoms
- [ ] ___ sweatshirt(s) or jacket(s)
- [ ] ___ pajama set(s)
- [ ] ___ underwear
- [ ] ___ socks
- [ ] ___ bras + shapewear
- [ ] ___ special occasion outfit(s)
- [ ] ___ swimsuit(s) *(if applicable)*
- [ ] ___ shoes
- [ ] accessories *(jewelry, purses, belts, etc.)*
- [ ] _____
- [ ] _____
- [ ] _____

## Other items:

- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____
- [ ] _____